

# NEWBORN ESSENTIALS CHECKLIST

✓ What You Really Need – ✗ What You Can Skip

## Clothing

✓ Must-Haves	✗ Skip It
<input type="checkbox"/> 6–8 Onesies	<input type="checkbox"/> Newborn shoes
<input type="checkbox"/> 4–6 Footed sleepers	<input type="checkbox"/> Fancy outfits
<input type="checkbox"/> Swaddle blankets (2–3)	
<input type="checkbox"/> Baby mittens (1–2 pairs)	
<input type="checkbox"/> Hat (for cold weather and for sun)	
<input type="checkbox"/> Baby Booties	

## Diapering

✓ Must-Haves	✗ Skip It
<input type="checkbox"/> Diapers (disposable or cloth)	<input type="checkbox"/> Wipe warmer
<input type="checkbox"/> Wipes	<input type="checkbox"/> Diaper stacker
<input type="checkbox"/> Diaper cream	
<input type="checkbox"/> Changing pad	

## Sleep

<input checked="" type="checkbox"/> Must-Haves	<input checked="" type="checkbox"/> Skip It
<input type="checkbox"/> Crib or bassinet	<input type="checkbox"/> Crib bumpers - These aren't safe for babies!
<input type="checkbox"/> Fitted crib sheets (2-3)	<input type="checkbox"/> Mobile (optional)
<input type="checkbox"/> Mattress liner	<input type="checkbox"/> Sound machine (optional)
<input type="checkbox"/> Sleep sacks for when baby graduates from the swaddle	
<input type="checkbox"/> Baby monitor	

### Feeding

<input checked="" type="checkbox"/> Must-Haves	<input checked="" type="checkbox"/> Skip It
<input type="checkbox"/> Bottles (4-6)	<input type="checkbox"/> Bottle warmer
<input type="checkbox"/> Formula (if not nursing)	
<input type="checkbox"/> Bottle sterilizer	
<input type="checkbox"/> Bottle brushes, large and small	
<input type="checkbox"/> Nursing pillow	
<input type="checkbox"/> Burp cloths (4-6)	

### Bathing

✓ Must-Haves	✗ Skip It
<input type="checkbox"/> Baby bathtub or sink insert	<input type="checkbox"/> Bath thermometer
<input type="checkbox"/> Baby shampoo/body wash	
<input type="checkbox"/> Soft baby towels	
<input type="checkbox"/> Washcloths	
<input type="checkbox"/> A few gentle bath toys for making it more enjoyable	

➡ On the Go

✓ Must-Haves	✗ Skip It
<input type="checkbox"/> Car seat (infant or convertible)	<input type="checkbox"/> Shopping cart cover
<input type="checkbox"/> Diaper bag	<input type="checkbox"/> Baby shoes for newborn
<input type="checkbox"/> Baby carrier or wrap	
<input type="checkbox"/> Stroller	
<input type="checkbox"/> Carseat cover	

 Other Helpful Items

<b>✓ Must-Haves</b>	<b>✗ Skip It</b>
<input type="checkbox"/> <b>Pacifiers (optional)</b>	<input type="checkbox"/> <b>Wipe warmer (again!)</b>
<input type="checkbox"/> <b>Thermometer</b>	<input type="checkbox"/> <b>Fancy diaper pail</b>
<input type="checkbox"/> <b>Nail clippers</b>	
<input type="checkbox"/> <b>Baby-safe laundry detergent</b>	
<input type="checkbox"/> <b>A soft baby hairbrush</b>	
<input type="checkbox"/> <b>Boogie Wipes</b>	
<input type="checkbox"/> <b>Baby swing</b>	
<input type="checkbox"/> <b>Bouncy seat</b>	
<input type="checkbox"/> <b>Pack and play</b>	